

## SESSION 2

**READ** Mark 3:25, Matthew 18:21

### ICE BREAKERS

- Give us one word that describes you.
- If you were to change your name, what would you choose?
- What annoys you?

### ON TOPIC

- On a scale of 1-10, how quickly would those who know you well say you control your temper? 1 = Terrible and 10 = Great
- What is your typical reaction when you are angry?
- Are there patterns to what causes the most conflict in your life? How can you prepare to handle these, in the future, in a Christ-like way?

### IN THE WORD

- Read Mark 3:25. How have you seen this to be true?
- When there is strife in your home/office, how do you typically handle it? Is that a healthy response?
- The Fruits of the Spirit are: love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control. Which is your strongest? Which is your most challenging?
- When it comes to those who have hurt us, Jesus says we are to forgive over and over again (Matthew 18:21). When has this been a challenge for you? How have you dealt with it? What would you like your mode of operation to be when it comes to resolving conflict?

### MEMORY VERSE

*...a family splintered by feuding will fall apart.  
Mark 3:25*