

SESSION 5

READ Ruth 1:3-18

ICE BREAKERS

- What's been a highlight of your week so far?
- If you could have dinner with anyone on the planet, who would it be?
- One thing I love about my workplace is _____.

ON TOPIC

- What's something you've been committed to for a long time?
- Marriage rates are significantly down among young adults. What factors do you think play into that fact?
- Complete this sentence: As followers of Christ, we express our commitment to God by _____

IN THE WORD

- Read Ruth 1:3-18. Who has been fiercely committed to you like Ruth is to her mother-in-law?
- How can you express appreciation to those who have been committed to you in your lifetime?
- To whom do you need to commit (or recommit) to, in love?
- How can we express commitment to those we love in real and tangible ways?

MEMORY VERSE

*...Don't ask me to leave you and turn back.
Wherever you go, I will go;
wherever you live, I will live.
Your people will be my people,
and your God will be my God.
Ruth 1:16*